



Program of All-Inclusive Care for the Adults 55+

"My Needs Card" Participant Catalog

For food, groceries, toiletries and eligible OTC items*



CenterLight Healthcare PACE participants can use the "My Needs Card" at big box pharmacies nationwide, like CVS, Duane Reade, Rite Aid, Walgreens, Family Dollar, Dollar General, Walmart, Giant Food, Stop & Shop, as well as our growing network of 2000+ local pharmacies and supermarkets.



Participating stores only:



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With Your "My Needs Card" benefit of \$170/month, you can purchase eligible items to help you with basic needs and improve your quality of life, including food, grocery items, toiletries and eligible OTC items! This amount is available to you on the first of each month and does not roll over to the next month.

Medically necessary items such as vitamins, pain relievers, diabetic supplies, and other OTC medications cannot be purchased with the My Needs Card. Talk to your CenterLight Interdisciplinary Team (IDT) about these items, as they may be provided as part of your care.**

For the current list of participating stores, visit: centerlighthealthcare.org/my-needs-card

You may use your card to purchase items online and have them delivered right to your door!*** Log on to mybenefitscenter.com for more info.

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Call your CenterLight Interdisciplinary Team (IDT) for OTC medications & other covered benefits related to your medical care which may include:**

| | | |
|---------------------------|-----------------------------|-----------------------|
| Acid Controllors/Antacids | Allergy & Sinus medications | Incontinence supplies |
| Adult Cough, Cold & Flu | Antibiotic creams | Vitamins & Minerals |
| Adult Pain Relief | Diabetic supplies | |

If you have any questions about your CenterLight Healthcare "My Needs Card," please speak to your CenterLight IDT or contact CenterLight PACE Service Coordination at:

1-833-252-2737 | TTY 711 MON-FRI 8AM to 8PM

To check your "My Needs Card" balance or find a participating store, call 1-888-682-2400, or visit mybenefitscenter.com.

ALTERNATIVE THERAPY

Acupressure

Mixed/Miscellaneous Acupressure

Aromatherapy

Mixed/Miscellaneous Aromatherapy

Magnetic Therapy

Mixed/Miscellaneous Magnetic Therapy

Mixed/Miscellaneous Alternative Therapy

COMPRESSION SUPPORT

Low Compression-Waist High & Pantyhose
(8-15 mmHg)

Moderate to High Compression-Waist High
& Pantyhose

COSMETICS

Accessories & Implements

DEODORANTS

Men's Solids & Gels

Men's Sprays

Men's Roll-Ons

Mixed/Miscellaneous Men's Deodorants

Women's Solids & Gels Women's Sprays

Women's Roll-Ons

Mixed/Miscellaneous

Women's Deodorants

Unisex Solids & Gels

Unisex Sprays

Unisex Roll-ons

Mixed/Miscellaneous Unisex Deodorants

DIABETES CARE

Diabetes Nutritional Bars

Diabetes Candy

EAR & EYE CARE

Soft Lens Multi-Purpose Solutions

Soft Lens Saline Solutions

Soft Lens Cleaners

Soft Lens Rewetting Drops

Gas Permeable & Hard Lens Care

Mixed/Miscellaneous Contact Lens Care

EAR & EYE CARE (CONTINUED)

| | |
|---|--|
| Soft Lens Rewetting Drops | Mixed/Miscellaneous Eyeglasses & Lens Accessories |
| Gas Permeable & Hard Lens Care | Reading Glasses |
| Mixed/Miscellaneous Contact Lens Care | Magnifying Glasses |
| Ear Plugs & Protection | Mixed/Miscellaneous Reading Glasses & Magnifying Glasses |
| Eye Wash | Sunglasses |
| Mixed/Miscellaneous Eye Preparations (Includes Sleep Masks) | Sunglasses Accessories |
| Eyeglasses & Lens Accessories | Mixed/Miscellaneous Sunglasses & Accessories |

FEMININE CARE

| | |
|-------------------------|--|
| Deodorants & Powders | Mixed/Miscellaneous Feminine Personal Care |
| Wipes & External Washes | Pant liners |
| Feminine Moisturizers | |

FIRST AID

| | |
|---|---|
| Protective Gloves | Mixed/Miscellaneous First Aid Kits & Supplies |
| First Aid Kits | First Aid Tapes & Adhesive Wraps |
| Masks (Respiratory, Barrier Etc.) | Rubbing Alcohol |
| Adhesive & Liquid Bandages | Hydrogen Peroxide |
| Scar Treatments | Saline Solutions & Sprays |
| Skin Protectants (Includes Petroleum Jelly) | |

FOOD & BEVERAGES

| | |
|--|---------------------|
| Cocoa, Coffee & Tea (Dry or Liquid) | Meats |
| Juices (includes sparkling) | Seafood |
| Bottled Waters | Ice |
| Dry & Liquid/Concentrated Drink Mixes | Sparkling Water |
| Juice Blends, Drinks & Punches (including sparkling) | Medical Meals |
| Enhanced Waters | Fruits & Vegetables |
| Sport Drinks - Gatorade & Others | Appetizers, etc. |

FOOD & BEVERAGES (CONTINUED)

Juices

Prepared Food (Stews, Pizza, Heat & Eat, Soy burgers)

Baking/Cooking Supplies (Baking Powder, Yeast etc.)

Condiments, Sauces, Dips, Mayonnaise & Salad Dressing

Prepared Food (Canned Stews, Heat & Eat)

Puddings & Gelatin

Flours, Cornmeal, Nut & Seed Flours, Bread/Biscuit Mixes

Sugar - White, Brown & Powdered

Herbs, Spices & Seasoning

Oils & Shortening

Deli- Processed & Fried

Meats - Processed (Sausage, Jerky, Lunch Meat)

Seafood

Bread, Rolls & Tortillas

Tomato/Spaghetti/Alfredo/Nutritionally Significant Sauce

Jams, Jellies, Sweet Spreads, Syrup

Peanut Butter (& other nut butters)

Cereal (Hot & Cold)

Breakfast Foods (Toaster Pastries, Cereal Bars, Granola & Granola Bars)

Dried Fruit, Fruit Snacks

Pancakes & Waffles

Dry Pasta

Dry Beans

Rice & Whole Grains

Dry Mixes - Side Dish Mixes, Dinner Mixes

Canned/Jar Fruits & Vegetables incl. Salsa & non-processed Beans

Soup

Canned Meat

Canned Seafood

Dairy - (Milk, Cheese, Butter, Sour Cream & Whipping Cream)

Produce (Fruits & Vegetables)

Meats - Poultry, Ground Beef, Beef

Whole Eggs & Egg Substitutes

Yogurt

Margarine

Soy & Other Nut Milks

Ready-to-eat, Soups, Meals, Sandwiches

Salty Snacks

Nuts & Trail Mix

Seeds

Crackers

FOOT CARE

Corn, Callus & Bunion Pads

Mixed/Miscellaneous Foot Cushioning & Treatments

Ball of Foot Cushioning

Toe Cushioning & Protection

Implements

Foot Moisturizers, Exfoliators & Cleansers

Odor & Wetness Powders

Odor & Wetness Sprays

Mixed/Miscellaneous Odor & Wetness Treatments

Heel & Arch

Insoles

Mixed/Miscellaneous Shoe Insoles & Inserts

Ball of Foot Inserts

Heel Cups, Arch Supports & Orthotics

Plantar Fasciitis Products

HAIR CARE

| | |
|---|---|
| Beauty Hair Treatments | Mixed/Miscellaneous Hair Growth |
| Beauty Shampoos | Mousses & Gels |
| Beauty Conditioners | Hair Sprays |
| Men's Shampoos | Pomades & Waxes |
| Men's Conditioners | Mixed/Miscellaneous Styling Aids |
| Mixed/Miscellaneous Beauty Shampoos, Conditioners & Hair Treatments | Men's Styling Aids |
| Permanent Hair Color | Therapeutic Hair & Scalp Treatments |
| Semipermanent/Temporary Hair Color | Therapeutic Shampoos |
| Mixed/Miscellaneous Hair Color | Therapeutic Conditioners |
| Hair Growth Treatments | Mixed/Miscellaneous Therapeutic Shampoos, Conditioners, Hair & Scalp Treatments |
| Hair Growth Shampoo & Conditioners | |

HOME DIAGNOSTICS & PATIENT AIDS FOR DAILY LIVING

| | |
|--|--|
| Stethoscopes & Accessories | Medical Alert IDs & Devices |
| Thermometers, Fever Strips & Accessories | Medicine Dosers, Pillboxes, Organizers & Reminders |
| Blood Pressure Kits & Accessories | Reachers, Grippers & Lifts |
| Mixed/Miscellaneous Home Diagnostics/Tests | Reading, Writing & Telephone Aids |
| Cholesterol Meters & Testing Kits | Night Lights |
| Pulse Oximeters & Heart Rate Monitors | Non-Slip Socks & Slippers |
| Bathing & Oral Hygiene Aids | Elastic Bandages |
| Eating & Drinking Aids | Electric Heating Pads |
| Grooming & Dressing Aids | |

HOME HEALTH CARE

| | |
|---|--|
| Hand Held Showers | Deodorants & Odor Eliminators |
| Mastectomy Bras & Clothing | Alternating Pressure Pads/Mattresses, Pumps & Accessories |
| Mastectomy Prosthesis | Mattress & Pillow Pads/Covers |
| Mixed/Miscellaneous Mastectomy Products | Backrests, Seating & Posture Aids |
| Hand Cleaners & Sanitizers | Wedges & Pillows |
| Orthopedic Footwear | Mixed/Miscellaneous Pressure Relief, Positioning & Support |
| Joint Warmers | |
| Deodorizers | |

HOMEOPATHIC KITS & SINGLE REMEDIES

Homeopathic Single Remedies
Homeopathic Kits

Mixed/Miscellaneous Homeopathic Kits &
Single Remedies

HOUSEHOLD PRODUCTS

Air Freshener Sprays & Other Forms
Fabric & Carpet Fresheners
Disinfectants ONLY
Multi-Purpose Cleaners/Disinfectants
Oven Cleaners
Drain Cleaners
Floor, Furniture Waxes/Polishes & Rug
Cleaners
Window Cleaners
Miscellaneous Cleaners & Waxes
Brooms, Mops & Accessories
Sponges, Scrubbers, Brushes & Dusters
Mixed/Miscellaneous Cleaning Tools &
Accessories
Dishwashing Powders/Liquids
Household Gloves
Laundry - Washer Products (Incl. Pre-
Treatments)

Air Scents Sprays/Solids/Gels
Abrasive Cleaners
Bathroom Cleaners
Laundry - Dryer Products
After Laundry Products
Insecticides, Rodenticides & Pesticides
Plastic/Foil Wraps, Bags & Disposable Storage
Containers
Facial Tissue
Bath Tissue
Paper Towels
Premoistened Towels
Disposable Napkins, Plates & Cups
Miscellaneous Plastic, Foil & Paper
Bath Tissue Wipes
Garbage Bags

MULTI-CULTURAL BEAUTY CARE

Relaxers, Curl Kits & Perms
Shampoos & Conditioners
Sheens, Activators & Moisturizers
Pomades, Hair Dressings & Styling Aids
Hair Color

Mixed/Miscellaneous Multi-Cultural Hair
Care
Creams, Lotions & Soaps
Shaving Needs
Mixed/Miscellaneous Multi-Cultural Skin
Care

ORAL CARE

| | |
|--|---|
| Breath Fresheners (Includes Strips) | Interdental |
| Mixed/Miscellaneous Breath Remedies | Gum Care |
| Therapeutic Breath Treatments | Dental Gum |
| Denture Adhesives | Mixed/Miscellaneous Interdental, Floss & Gum Care |
| Denture Cleaners & Accessories | Mouthwash |
| Denture Repair & Pain Relief | Mixed/Miscellaneous Mouthwash |
| Mixed/Miscellaneous Denture Care | Temporary Dental Repair |
| Floss & Flossers | Regular Toothpaste & Tooth Powder |
| Mixed/Miscellaneous Oral Remedies (Includes Fluoride Treatments) | Sensitive Toothpaste & Treatments |
| Night & Grind Guards | Whitening Toothpaste |
| Manual Toothbrushes | Whitening Strips & Treatments |
| Battery Toothbrushes & Refills | Mixed/Miscellaneous Toothpaste & Treatments |
| Rechargeable Toothbrushes & Refills | Lip Moisturizers |
| Mixed/Miscellaneous Toothbrushes & Accessories | Mixed/Miscellaneous Lip Care |

PATIENT SKIN CARE

| | |
|--------------------|---|
| Cleansers & Washes | Mixed/Miscellaneous Patient Cleansing & Bathing |
| Wipes & Towelettes | Moisturizers, Barriers & Protectants |

PHYSICAL FITNESS & EXERCISE EQUIPMENT

| | |
|---|--|
| Strength/Range of Motion (Bands, Hand Exercisers, Etc.) | Scales (Includes Body Fat Analyzers) |
| Balls/Stability Devices (Balls, Boards, Etc.) | Mixed/Miscellaneous Physical Fitness (Includes Yoga/Exercise Mats) |
| Foam Rollers/Massage Devices | Pedometers & Fitness Trackers |
| Weights | Multi-Function Fitness Trackers |
| Cardio (Aerobic Steps, Jump Ropes) | |

SEASONAL PRODUCTS

Health & Beauty Care Dollar Items

Grocery Dollar Items

General Merchandise Dollar Items

Mixed/Miscellaneous Dollar Items

Insect Repellents

SHAVING & GROOMING

Men's Hair Preparations

Men's Hair Color

Men's Manual Grooming Implements

Mixed/Miscellaneous Men's Shaving, Hair Removal & Skin Care

Men's Razor Refills

Men's Reusable System Razors

Men's Disposable Razors

Mixed/Miscellaneous Men's Razors & Refills

Women's Razor Refills

Women's Reusable System Razors

Mixed/Miscellaneous Men's Hair Care

Men's Shaving & Hair Removal

Men's Aftershave & Skin Care

Women's Disposable Razors

Mixed/Miscellaneous Women's Razors & Refills

Women's Hair Removal & Skin Treatments

Women's Body & Facial Waxes

Women's Body & Facial Bleaches

Women's Shaving & After-Shaving

Mixed/Miscellaneous Women's Shaving, Hair Removal & Bleaches

SKIN CARE

Bath Additives (Bubble Bath, Bath Foam, Bath Beads & Bath Salts)

After Bath Oil, Powder, Splashes & Mists

Bath Sponges, Loofahs, Bath Pillows & Accessories

Mixed/Miscellaneous Bath Products

Exfoliating Body Scrubs (Salt, Sugar, Etc.)

Therapeutic Bath & After Bath

Cosmetic Puffs & Pads

Mixed/Miscellaneous Cosmetic Puffs & Pads

Acne Creams, Gels, Lotions & Patches

Acne Soaps & Cleansers

Acne Astringents & Toners

Pore Strips & Masks

Facial Sponges

Make-up Removers

Facial Moisturizers

Eye Treatments

Therapeutic Facial Treatments

Lip Treatments

Mixed/Miscellaneous Facial (Includes Firming, Resurfacing, Fading, Etc.)

Hand & Body Cleansing Bars (Soap)

Hand Cleansing Liquids

Body Cleansing Liquids (Body Washes & Gels)

SKIN CARE (CONTINUED)

Baby Oil

Baby Lotions & Creams

Baby Powder

Cotton Swabs

Mixed/Miscellaneous Facial & Body Acne Medications

Facial Cleansers & Scrubs

Mixed/Miscellaneous Facial Cleansers

Astringents & Toners

Instant Hand Sanitizers

Mixed/Miscellaneous Hand & Body Cleansing (Towelettes, Foaming, etc)

Therapeutic Hand & Body Moisturizers

Therapeutic Hand & Body Treatments

Mixed/Miscellaneous Hand & Body Treatments (Includes Firming, Resurfacing, Etc.)

Beauty Hand & Body Moisturizers

Medicated & Specialty Soaps

Mixed/Miscellaneous Medicated & Specialty Soaps

SUN CARE

After Sun

Mixed/Miscellaneous After Sun & Sun Accessories

Sun Protection (< SPF 50)

Sun Protection (SPF 50+)

Mixed/Miscellaneous Sun Protection

Sun Care Lip Protection

Sport Sun Protection

WEIGHT MANAGEMENT & NUTRITIONAL FOODS

Mixed/Miscellaneous Nutritional Foods

Nutritional Powders

Nutritional Bars

General Health Oral Rehydration Therapy

Sport/Energy Liquids

Sport/Energy Powders

Sport/Energy Bars

Mixed/Miscellaneous Sport/Energy

Sugar & Salt Substitutes

Mixed/Miscellaneous Sugar & Salt Substitutes

Food Scales

MISCELLANEOUS

Trial/Travel Sizes

Male Condoms

Female Condoms & Spermicides

Mixed/Miscellaneous Condoms & Barrier Contraceptives

**Stockable items, doses, brands and costs may vary depending on location.*

***The My Needs Card does not substitute for required or already provided Medicaid and/or Medicare covered services under the PACE standard benefit package. The Interdisciplinary Team determines medical necessity.*

****Delivery fees may apply.*

CenterLight PACE participants must receive all needed health care services, including primary care and specialist physician services (other than emergency services), from CenterLight Healthcare, or an entity authorized by CenterLight Healthcare.

NO OBLIGATION TO ENROLL. CenterLight Healthcare has an approved PACE contract with the Centers for Medicare and Medicaid Services (CMS) and NY State (NYS). Enrollment in CenterLight Healthcare PACE depends on renewal of its contract with CMS and NYS. Members may be fully and personally liable for the cost of unauthorized or out-of-PACE program agreement services.