



CENTERLIGHT
Health System

Powered by C2Q

2025

ANNUAL REPORT

A Milestone Year

Dear Valued Stakeholders,

It is my pleasure to welcome you to CenterLight Health System's Annual Report.



In 2025, we celebrated **40 years of providing managed care** to Medicaid and Medicare-eligible older adults in the community. We have come a long way – from our humble beginnings in the Bronx, to now operating the largest single-state Program of All-Inclusive Care for the Elderly (PACE) in the country. Through the years, our organization has evolved with the ever-changing healthcare industry, meeting challenges head-on. But one thing that never changes, and is in the heart of our organization: **we strive to put the health and wellness of those we serve at the center of everything we do.**

As you browse these pages, you will get a glimpse of the great work that our dedicated team continues to do with care and compassion. More importantly, you will meet some of our participants, the shining lights who make as much a difference in our lives as we do in theirs. It is because of them that we consider our responsibility as a healthcare organization a badge of honor. We are proud to know that we are part of their journeys as they continue to thrive in their own communities and shape their amazing stories.

Decades have passed since our story begun, but we are all still working towards the same goal of serving the underserved. Our track record with innovation and finding in-home solutions for some of the most vulnerable members of our community make me feel very enthusiastic about our future.

Looking ahead, I am proud to announce that through **Personalized Aging Through Health (PATH)**, CenterLight will be expanding our services to those who need the same level of care that a PACE program provides, but do not have Medicaid. With our unwavering focus on older adults' unique needs and expertise honed by years of experience, it is a privilege to be in a position to offer much needed services to more individuals.

We are grateful for your continued support and partnership. Together, we look forward to another year of growth, innovation, and success.

Sincerely,

A handwritten signature in black ink that reads "Tara Buonocore-Rut". The signature is written in a cursive, flowing style.

Tara Buonocore-Rut

President and Chief Executive Officer

To begin telling our 2025 story, and even CenterLight's four-decade journey, it is best to show you the reason we strive to provide high-quality care every single day.

Sheila's Story

Sheila's journey with CenterLight PACE began when she was out for a walk with her sister and niece near the Wallerstein PACE Center in the Bronx. As she passed by, she saw the staff outside preparing for a fashion show. The staff warmly welcomed Sheila, who said she wanted to watch, and she was so impressed with the PACE program that she immediately enrolled.

Sheila shares that CenterLight truly saved her life. It gave her a reason to leave the house and quickly became a source of both physical and mental activities. In her own words:



At CenterLight PACE, Sheila discovered a deep love for painting, and she also thrives on the social connections she's made with her peers, considering them part of her extended family. These relationships, along with her activities, have truly been a lifeline. Sheila joined her painting group years ago and her love for her art has never wavered. In fact, one of Sheila's paintings was chosen for a special calendar project and she won an award for it. Sheila still fondly recalls the experience and speaks about it proudly.

“

I love CenterLight. I really do. CenterLight saved my life, I was at home, gaining, gaining and gaining weight, doing nothing. Then, CenterLight gave me my painting, which I love. It makes me feel good. Everything is right here. You don't have to go to a clinic, you come right here, and you see your doctor, your nurse, your physical therapist; everything is here. You get your nails done, you get your hair done and everything. It's nice, really nice. I love the whole staff. They're like my daughters and sons, I love them. As soon as I come inside the door, I know I'm about to be with people who care for me and about me, and I enjoy myself. So come on down and enjoy yourself at CenterLight.

”

Who We Are

CenterLight Health System is a not-for-profit organization providing long-term care and in-home solutions to older adults who need nursing-home level of care but prefer to age in place. Our offerings include:

- **CenterLight Healthcare Program of All-Inclusive Care for the Elderly (PACE)**
- **Matter of Care Home Health Services**, a New York State Department of Health licensed home care agency and supplemental staffing service that offers in-home care for the elderly, sick or homebound in the in the Bronx, Brooklyn, Queens, Manhattan, Nassau, and Westchester County.
- CenterLight **Housing Buildings** for older adults in the Bronx
- Coming soon: **Personalized Aging Through Health (PATH)**

Our Mission

To provide individualized care that enriches the lives of those we serve and helps them live safely in their homes.

Keeping Up with the PACE of Aging

CenterLight Healthcare PACE offers an all-inclusive customized plan carried out by a dedicated team that includes, but is not limited to, a physician, nurse, registered dietitian, social worker, physical and occupational therapist, and therapeutic recreation specialist. Serving the Bronx, Brooklyn, Queens, Manhattan, Staten Island, and Nassau, Western Suffolk, and Westchester counties, **our goal is to provide all the care and services our participants need to help them continue to enjoy living safely in their own homes and communities.**

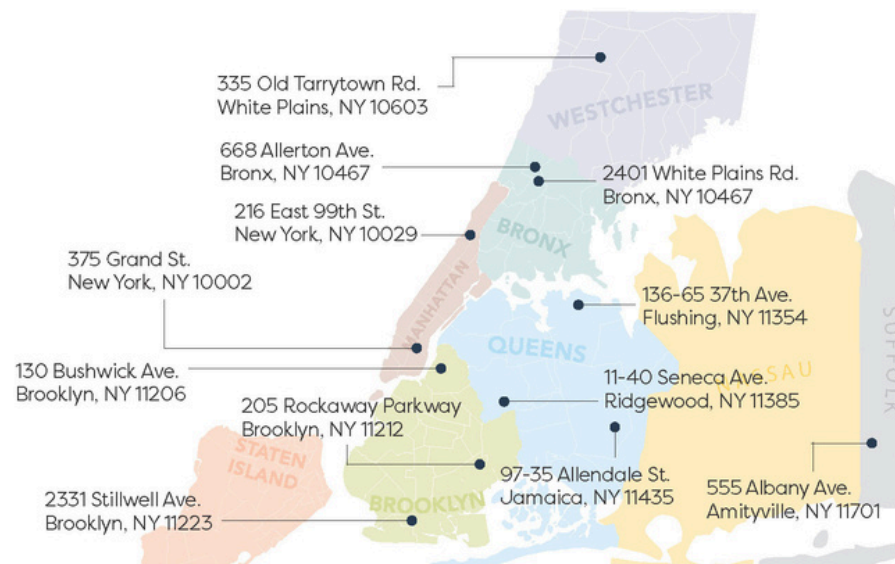
1 of 10

CenterLight one of the original ten organizations in the Medicare pilot program, making it one of the oldest such programs in the country,

6100+

PARTICIPANTS

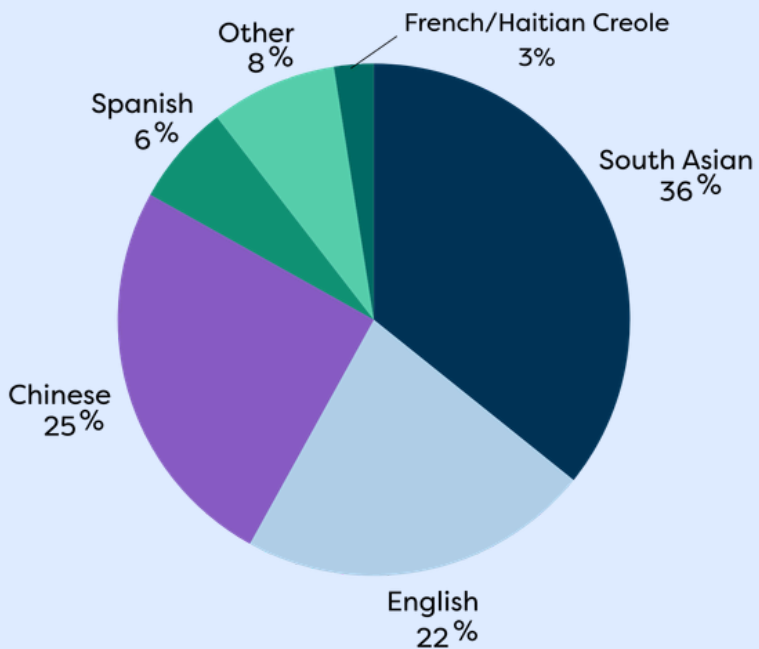
CenterLight now operates the largest single-state PACE program in the nation.





CenterLight is the only PACE program to receive a 5-Star Rating from the New York State Department of Health in the 2024 Consumer Guide to Managed Long-Term Care.*

PARTICIPANTS BY LANGUAGE**



71,940

MEALS SERVED



177,322

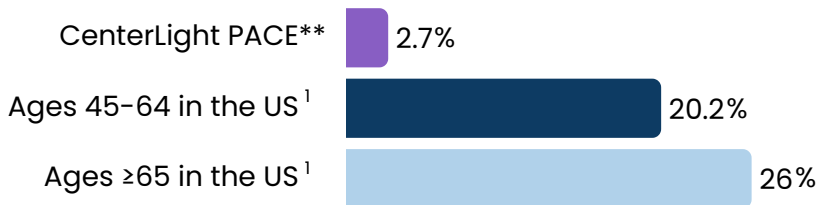
TRIPS

WHERE CENTERLIGHT PARTICIPANTS LIVE



99% live at home | 1% live in assisted living

ER VISITS



HOSPITAL ADMISSIONS



CenterLight Healthcare

28 per thousand

Nationwide - with Medicare

31 per thousand²

FALLS WITH INJURY



PREVENTIVE CARE



CenterLight PACE Flu Vaccination rate⁴ vs. 70% for adults ≥65 in the U.S.⁵

Programs and Services



COMMUNITY-BASED CARE

CenterLight PACE offers more than **100 therapeutic recreation activities per month** at each of our sites – including cultural celebrations and holidays, arts and crafts, games, music, language classes, cooking programs, and many other fun events designed for our participants.

In addition, participants also enjoy **field trips** to the aquarium, museums, ballgames, and the botanical garden, to name a few.

Participants who attend our Day Health Centers have access to **nutritious meals**.

“

As a blind person, I depend on the voices. And when they talk to me, and they laugh with me, that's what makes me want to come here.

I've met some of the most wonderful and exciting people and I probably never would have met them if I hadn't become a member of CenterLight.

Virgilio, CenterLight PACE participant for more than 8 years at the time of publication



*H3329 VirgilioNievesTestimonial
Approved 03272025*

”

CLINICAL SERVICES IN THE HOME AND PACE CENTERS

CenterLight PACE participants receive all the services they need to age in place – whether at our PACE centers or in their homes, we provide the care they need when they need it. This includes **medical and nursing care; dental, vision, and hearing; prescription medications; social work services, physical and occupational therapies; nutrition counseling; specialist care;** and more. Participants also have access to our **open gym**, which is supervised by our rehabilitation therapists.



Making Rehab More Fun and Effective with Jintronix

At CenterLight PACE, we want to help our participants remain as healthy and independent as possible. By introducing **Jintronix**, a new technology that combines rehabilitation with entertainment, we hope to encourage participation, improve function, and offer a good overall experience.



Madelyn's Story

CenterLight PACE participant Madelyn attends our open gym and uses Jintronix in group classes twice a week. She also works her core and does leg exercises for about 30 minutes daily. She feels stronger and doesn't need her walker as much. She also encourages other participants to join her in the gym. In her own words:

“

My name is Madelyn and I'm 61 years old. I used to work at the USO, where I had to do a lot of pushing and lifting. Arthritis in my spine caused pain all the time and I eventually needed surgery. I joined CenterLight in 2023 after a friend told me about it.

I love it here. Jintronix helps my body and my mind. I can see the exercises better on the large screen because of my cataracts.

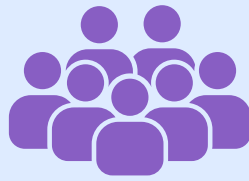
It's fun. The exercises are easy to do.

”

Workforce and Culture

363

EMPLOYEES



65% speak languages other than English

18% speak Spanish

14% speak Chinese

4% speak South Asian languages

Our Values

Caring

Integrity

Creativity

Availability

Diversity

Accountability

Approachability



Every year, CenterLight honors the invaluable contributions of employees who are celebrating milestone anniversaries in the organization. In 2025, we were proud to recognize **43 staff members** who celebrated 5, 10, 15, 20, 25, and 35 years of service, including **one who has provided 30 years** and **three who have given 35 years** of dedication to our mission.

Our end-of-year **Be the Light Award Celebration and Employee Appreciation Event** is equally as special – celebrating 14 remarkable individuals who exemplify our values and work tirelessly in support of our commitment to providing high quality care. These individuals were selected from nominations from across the organization.



Joy in Every Connection: Our Year in Moments

Early this year, we proudly hosted **Art Around the World**, a special exhibit of artwork created by CenterLight participants. The event brought together participants, their families, community partners, and elected officials for an inspiring evening celebrating the creativity and cultural heritage of older adults.



In July, we honored 39 participants who turned 100 or older at our first-ever **A Century in Bloom Centenarian Celebration** – a joyful tribute to extraordinary lives.



A full schedule of daily activities to keep participants active, engaged, and connected



Amplifying Our Voice

CenterLight was featured in the following publications in 2025:

CenterLight Healthcare PACE hosts multicultural celebration Of Eid Al-Fitr and Holi at South Asian Cultural Center

Queens Chronicle, April 3, 2025

প্রবীণদের নিয়ে সেন্টারলাইট হেলথকেয়ারের ঈদ উদযাপন (Centerlight Healthcare celebrates Eid with seniors) | Prothom Alo New York, April 3, 2025

Queens seniors celebrate Eid and Holi at South Asian center in Jamaica | QNS, April 4, 2025

CenterLight PACE showcases artistic talents in first-ever exhibit | Bronx Times, May 5, 2025

CenterLight Healthcare PACE holds Centenarian Day celebration to honor participants of 100 years of age
QNS, July 24, 2025

Spotlight on seniors at Centenarian Day | Celebrating a century of seniors' stories at CenterLight in Flushing
Queens Chronicle, July 24, 2025

CenterLight PACE Seniors Celebrate Summer With Annual Carnival | BKReader, August 23, 2025

Overcoming Challenges in Home-Based Care for Medically Intensive Patients

Home Health Care News, September 3, 2025

健信医保健康日成功举办 众多机构齐聚支持社区健康 (CenterLight Health and Wellness Day was successfully held, bringing together numerous organizations to support community health)
Sinovision, October 28, 2025

CenterLight Healthcare PACE Holds Diwali Celebration at South Asian Cultural Center in Jamaica | QNS, October 29, 2025

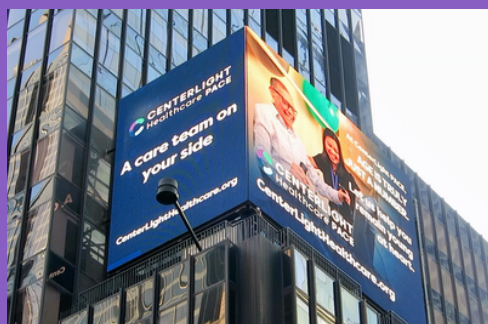
Festival of Lights Jamaica celebration – CenterLight Healthcare's Diwali festivity was an all-inclusive affair
Queens Chronicle, October 30, 2025

Organizations Scramble to Fill Food Gaps for Seniors Amid SNAP Uncertainty
McKnight's Home Care, November 9, 2025

How to Set Up Home Health Care After a Hospital Stay
US News and World Report, December 5, 2025

We made it to Times Square!

One of the exciting highlights of our year was seeing our services broadcast on a billboard in Times Square!



A Good Neighbor

CenterLight actively engages with local organizations and participate in community events to support the well-being of New Yorkers. By fostering strong relationships and listening to the needs of our communities, CenterLight strives to make a positive impact and enhance the quality of life for older adults and their families.

In 2025, we forged a partnership with **Urban Health Plan (UHP)** to expand long-term care options for older adults in the Bronx. This collaboration brings together over 90 years of combined experience in community-based care. CenterLight President and CEO Tara Buonocore-Rut and UHP President and CEO Paloma Hernandez spoke about working together to provide care to those who need it most when they appeared in **BronxTalk** with Gary Axelbank.

We also worked with the Bronx Borough President Vanessa L. Gibson on a **Health and Wellness Fair** with the goal of providing education to help attendees live well and make informed healthcare decisions. Later in the year, the CenterLight team proudly supported the Bronx Borough President's **Winter Coat Giveaway**.

From Flushing to Chinatown, CenterLight PACE was proud to be part of **National Night Out** alongside families, community leaders, and the NYPD.

Our **Annual Health and Wellness Fair for our Chinese community members** was held in Brooklyn, continuing the tradition of helpful outreach in collaboration with home care agencies and other community organizations.

These are only a few of the many initiatives the CenterLight team took part in this year.



Urban Health is a preferred provider in the Bronx. PACE participants have access to other providers in the CenterLight Healthcare Network.

CenterLight Impact Fund:

Care Without Compromise. Lives Without Limits.

In 2025, CenterLight Health System launched the CenterLight Impact Fund, a new philanthropic initiative dedicated to expanding programs that enhance the lives of the older adults we serve.

The mission of the Impact Fund is to raise support from individuals, foundations, corporations, and public partners to advance CenterLight's programs and services. At its core, the Fund focuses on initiatives that improve quality of life—supporting older adults in living safely, independently, and comfortably at home while aging with vibrancy, passion, and purpose.

Through the Impact Fund, CenterLight invests in programs that extend beyond traditional healthcare. These include therapeutic and recreational activities, culturally meaningful experiences, nutrition and wellness initiatives, and enhancements to our PACE centers that foster connection, dignity, and a sense of community. Together, these efforts reflect a broader vision: to build a model of person-centered care that addresses not only clinical needs, but the social and emotional factors that shape overall well-being.

When Our Community Faced an Urgent Need...

2025 brought challenges that required immediate action from the entire CenterLight family.

SNAP EMERGENCY RESPONSE – “CARE IN EVERY PACKAGE”

During the federal shutdown, uncertainty around SNAP benefits left nearly half of our participants at risk of food insecurity. Thanks to rapid community support, we distributed emergency shelf-stable packages and continue using funds raised to strengthen food programs for those most at risk.

THANKSGIVING FARMERS MARKETS

Since 2022, our CenterLight Impact Fund has brought Thanksgiving Farmers Markets to our centers. Participants receive tickets to “shop” for culturally meaningful foods—plantains, bok choy, rice, squash, peppers, fruits, EVOO, potatoes, and more—so they can prepare holiday meals that feel like home. It is one of our most cherished events, and your generosity sustains it.



A Growing Community of Support

2025 was a record-setting year for CenterLight's 5th Annual FallFest fundraising event. Held at Cunningham Park in Fresh Meadows, FallFest is a vibrant, community-driven celebration that reflects the spirit of our organization.

Supporters, staff, and their families came together for a full day of activities, including games, arts and crafts, music, and a kickball tournament, creating a welcoming and joyful environment for all. More than a fundraiser, FallFest is a celebration of our shared mission —bringing together the community that makes our work possible and reinforcing our commitment to helping older adults live with dignity, independence, and purpose.

431 attendees

46 sponsors

\$114,000 raised



Building for the Future

The launch of the Impact Fund marks an important step in strengthening CenterLight's philanthropic infrastructure and expanding our ability to support the communities we serve.

In 2025, we began building new relationships with philanthropic partners, strengthening our fundraising strategy, and exploring opportunities to support innovative models of care, including future initiatives such as expanded community-based programming and **Personalized Aging Through Health (PATH)**, which aims to bring much needed care to underserved communities including those who may not have Medicaid.

This work will continue to grow in 2026 through new partnerships and initiatives—including CenterLight's inaugural Be the Light Gala—further advancing our mission and expanding support for the programs that make a meaningful difference in the lives of older adults.

Coming soon:

Be the *Light* Gala

Sources

*MLTC Consumer Regional Quality Guides, New York State Department of Health

https://www.health.ny.gov/health_care/managed_care/mltc/consumer_guides/

**CenterLight Quality Data, January-September 2025

¹ Number of Emergency Department Visits per 100 people in the US in 2021, Statista

<https://www.statista.com/statistics/184432/uspopulation-with-emergency-room-visits-by-age/>

² The Commonwealth Fund <https://www.commonwealthfund.org/datacenter/preventable-hospitalizations-age-65-and-older-1000-medicare-beneficiaries>

³ Trends in Nonfatal Falls and Fall-Related Injuries Among Adults ≥ 65 Years, Centers for Disease Control and Prevention (CDC), July 10, 2020 https://www.cdc.gov/mmwr/volumes/69/wr/mm6927a5.htm?s_cid=mm6927a5_w

⁴ CenterLight Healthcare PACE Quality Report, all sites data in the last year as of May 7, 2024

⁵ Flu Vaccine Coverage in the US 2014-2023, Statista,

<https://www.statista.com/statistics/861176/flu-vaccine-coverage-by-age-us/>.